



Amanda Wells - Counselling and Psychotherapy
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Covid-19 Risk Assessment

- **Clients on site will be limited, monitored and recorded by myself.**
- **Most clients will remain online, unless client doesn't like or is unable to use technology to access online services or doesn't have privacy at home to enable confidential sessions. Where necessary clients attending college or school settings to remain online whilst risk is high i.e. Tier 3 and 4+ to protect vulnerable or elderly clients who may be attending setting.**
- **Doors will be opened to prevent clients from touching surfaces upon entering the premises. Upon entering hand sanitiser is provided.**
- **Premises are on site but not inside my home.**
- **Clients are aware to ensure they use toilet facilities before arriving to ensure they do not need to enter private premises.**
- **2 metre social distancing can be accommodated within the therapy room.**
- **Additionally, wearing of mask or clear visors will be offered.**
- **Regular cleaning of premises. Spraying surfaces with detol antibacterial spray will take place between clients, wiping down of doorhandles with antibacterial wipes. Surfaces will be cleaned before and after use of any surfaces touched.**
- **No sharing of equipment.**
- **Personal belongings to be kept to a minimum and to stay with you.**
- **Bring with you what is needed, water etc and where possible, take your rubbish home with you.**
- **Workspace will be ventilated as much as possible.**
- **Collecting and sharing of data with regard to NHS test and trace – expectation is that anyone visiting premises consents to data being shared with the NHS Test & Trace services and clients responsibility to share with me should they develop symptoms or receive a positive covid-19 test result.**
- **If I have symptoms of covid-19, the counselling session will be cancelled and I commit to self-isolating and taking a test.**

With kind regards
Amanda Wells

Date of assessment	01/09/2020	By Amanda Wells	
Location	Hazard	Persons at risk	Precautions/controls
Entering and moving through the building	Personal contact Contact with contaminated surfaces	Counsellor Client	Keep 2m away from clients Hand sanitiser Anti-bacterial wipes Anti-bacterial spray Regular cleaning of site with particular attention to high touchpoint areas
Toilet	Contact with contaminated surfaces	Counsellor Client	Clients rarely use toilet for a 1 hour session, however, if an emergency: Doors to be held open to prevent touching. Bathroom surfaces, staircase, door handles to be cleaned before and after use – client to be escorted to and from bathroom. Handwash and paper towels provided.
Hand sanitising equipment	Contact with contaminated surfaces	Counsellor Client	Checking stock and restocking of sanitising equipment, material, wipes and spray.
Clients arriving on site	Personal contact Contact with contaminated surfaces	Counsellor Client	When I meet clients, I will greet, check for symptoms, take temperature, ensure they sanitise their hands and if necessary, or

			requested, wear a mask or visor
Counselling room	Personal contact Contact with contaminated surfaces	Counsellor Client	Hand sanitiser Anti-bacterial wipes Anti-bacterial spray Regular cleaning of site with particular attention to high touchpoint areas Stocks to be located in the stock cupboard. Sanitise touchpoints before and after each client. Disposal of wipes in wastebin provided Ventilate room as much as possible and ensure doors are left open after use.
Client financial contributions	Personal contact Contact with contaminated surfaces	Counsellor Client	Client to pay online or cash to be put in an envelope.
Documents for completion by clients, contracts, PHQ9, GAD7 etc	Personal contact Contact with contaminated surfaces	Counsellor Client	Sanitise hands before and after issue/collection.